

CURRICULUM VITAE

Alexandra Brockdorf, Ph.D.

Department of Psychology, University of Memphis
A.Brockdorf@memphis.edu
she/her

EDUCATION

- 2024 **Ph.D. in Clinical Psychology**
Specialization in Quantitative Methods
University of Nebraska–Lincoln, Lincoln, NE
Dissertation: *Daily predictors of alcohol use among sexual violence survivors: The role of intraindividual changes in sleep duration and PTSD symptoms.*
Advisor: David DiLillo, Ph.D.
- 2020 **M.A. in Clinical Psychology**
University of Nebraska–Lincoln, Lincoln, NE
Thesis: *Alcohol use during sexual assault and cognitive appraisals: Differential associations with barriers to help-seeking.*
Advisor: David DiLillo, Ph.D.
- 2018 **B.S. in Psychology, Summa Cum Laude**
Florida State University, Tallahassee, FL

TRAINING

- 2024 – 2025 **T32 Postdoctoral Research Fellow**
National Crime Victims Research and Treatment Center
Medical University of South Carolina
Mentor: Christine Hahn, Ph.D.
- 2023 – 2024 **Clinical Psychology Intern, Traumatic Stress Track**
Charleston Consortium Psychology Internship Program (APA Accredited)
Medical University of South Carolina & Ralph H. Johnson VAMC

GRANTS & FELLOWSHIPS

- 2024 – 2025 **National Institute of Mental Health (T32 MH018869)**
Basic & Translational Research Training in Traumatic Stress Across the Lifespan
Role: Postdoctoral Fellow
- 2022 **APA Dissertation Award**
Daily predictors of alcohol use among sexual violence survivors: The role of intraindividual changes in sleep duration and PTSD symptoms.
Role: Principal Investigator
Amount Awarded: \$1,000

- 2021 – 2023 **National Institute of Alcohol Abuse and Alcoholism** (F31 AA028996)
Daily predictors of alcohol use among sexual violence survivors: The role of intraindividual changes in sleep duration and PTSD symptoms.
 Role: Principal Investigator
 Amount Awarded: \$104,701
- 2018 – 2020 **National Institute of Alcohol Abuse and Alcoholism** (R01 AA025090)
Integrating alcohol myopia and objectification to understand sexual assault.
 Role: Graduate Research Assistant

HONORS & AWARDS

- 2024 **Clinical Excellence Award**, Charleston Consortium Psychology Internship Program
- 2022 **Diversity Mentorship Award**, University of Nebraska–Lincoln
- 2018 – 2024 **Research Advisory Committee/Warden Travel Awards**, University of Nebraska–Lincoln (\$2,750)
- 2018 **Honors in the Major**, Florida State University
- 2018 **Howard D. Baker Undergraduate Research Award**, Second Place, Florida State University

PUBLICATIONS

1. **Brockdorf, A. N.**, Baidon, A. E., Gervais, S. J., & DiLillo, D. (in press). Daily sexual objectification experiences, craving, and alcohol use among women sexual assault survivors: An ecological momentary assessment study. *Journal of Studies on Alcohol and Drugs*.
2. **Brockdorf, A. N.**, Baidon, A. E., Gervais, S. J., & DiLillo, D. (in press). Alcohol administration in studies of human aggression: A methodological review. *The American Journal of Drug and Alcohol Abuse*.
3. **Brockdorf, A. N.**, Simpson, L. E., & DiLillo, D. (2025). Bidirectional associations between PTSD symptoms and pain in the daily lives of women survivors of sexual assault. *Journal of Anxiety Disorders*, 114, 103051.
<https://doi.org/10.1016/j.janxdis.2025.103051>
4. **Brockdorf, A. N.**, Tilstra-Ferrell, E. L., Danielson, C. K., Moreland, A. D., Rheingold, A. A., Salim, S. R., Gilmore, A. K., Siciliano, R. E., Smith, D. W., & Hahn, C. K. (2025). Characterizing engagement with web-based SBIRT for traumatic stress and substance

misuse after interpersonal violence. *International Journal of Environmental Research and Public Health*, 22(2), 190. <https://doi.org/10.3390/ijerph22020190>

5. **Brockdorf, A. N.**, Brock, R. L., Nelson, T. D., & DiLillo, D. (2025). From sleep to sip? Examining a daily model of sleep and trauma-related drinking among sexual violence survivors. *Psychology of Addictive Behaviors*, 39(5), 493-503. <https://doi.org/10.1037/adb0001039>
6. Simpson, L. E., Kumar, S. A., **Brockdorf, A. N.**, Brock, R. L., Messman, T. L., Gratz, K. L., & DiLillo, D. (2025). The cumulative impact of recurrent experiences of intimate partner violence on emotion dysregulation: A longitudinal investigation. *Journal of Interpersonal Violence*, 40(11-12), 2760-2783. <https://doi.org/10.1177/08862605241278996>
7. **Brockdorf, A. N.**, Mii, A. E., Haines, A. M., & Jaffe, A. E. (2025). Does the link between cognitions and eating pathology depend on trauma type? The role of sexual violence. *Psychological Trauma: Theory, Research, Practice, and Policy*, 17(3), 612-620. <https://doi.org/10.1037/tra0001762>
8. **Brockdorf, A. N.**, Bogen, K. W., & DiLillo, D. (2025). Reclaiming pleasure: Does satisfying consensual sexual activity predict next-day positive affect among women with a history of sexual assault? *The Journal of Sex Research*, 62(5), 854-864. <https://doi.org/10.1080/00224499.2024.2354430>
9. Jaffe, A. E., **Brockdorf, A. N.**, Duckworth, J. C., Blayney, J. A., & Stappenbeck, C. A. (2025). Cannabis to cope with COVID-19 in college. *Journal of American College Health*, 73(4), 1445-1453. <https://doi.org/10.1080/07448481.2023.2277861>
10. **Brockdorf, A. N.**, Eagan, S. R., Zosky, J. E., Grandgenett, H. M., Gervais, S. J., & DiLillo, D. (2023). Associations between sexual objectification and bystander efficacy: The mediating role of barriers to bystander intervention. *Violence and Victims*, 38(1), 148-164. <https://doi.org/10.1891/VV-2021-0168>
11. **Brockdorf, A. N.**, Gratz, K. L., Messman, T. L., & DiLillo, D. (2023). Trauma symptoms and deliberate self-harm among sexual violence survivors: Examining state emotion regulation and reactivity as dual mechanisms. *Psychology of Violence*, 13(1), 23-33. <https://doi.org/10.1037/vio0000432>
12. **Brockdorf, A. N.**, Holland, K. J., Kumar, S. A., Jaffe, A. E., & DiLillo, D. (2023). Alcohol use before sexual violence and cognitive appraisals: Differential associations with barriers to help-seeking. *Violence Against Women*, 29(5), 777-799. <https://doi.org/10.1177/10778012221097144>

13. Jaffe, A. E., **Brockdorf, A. N.**, Messman, T. L., Gratz, K. L., & DiLillo, D. (2023). Is the risk for sexual revictimization cumulative? A prospective examination. *Women's Health Issues, 33*(2), 208-214. <https://doi.org/10.1016/j.whi.2022.11.007>
14. **Brockdorf, A. N.**, Haws, J. K., Brock, R. L., Gratz, K. L., Messman, T. L., & DiLillo, D. (2022). Drinking to cope as a mechanism between sleep problems and heavy episodic drinking among trauma survivors. *Psychology of Addictive Behaviors, 36*(4), 387-396. <https://doi.org/10.1037/adb0000709>
15. Haws, J. K., **Brockdorf, A. N.**, Gratz, K. L., Messman, T. L., Tull, M. T., & DiLillo, D. (2022). Examining the associations between PTSD symptoms and aspects of emotion dysregulation through network analysis. *Journal of Anxiety Disorders, 86*, 102536. <https://doi.org/10.1016/j.janxdis.2022.102536>
16. Kumar, S. A., **Brockdorf, A. N.**, Jaffe, A. E., Church, H. R., Messman, T. L., & DiLillo, D. (2022). Mindful awareness promotes resilience: Buffered links among childhood sexual abuse severity, goal-directed emotion dysregulation, and psychopathology. *Mindfulness, 13*(4), 993-1006. <https://doi.org/10.1007/s12671-022-01854-2>
17. Watkins, L. E., Maldonado, R. C., **Brockdorf, A. N.**, & DiLillo, D. (2022). Physical and sexual intimate partner aggression among college students: Examining the roles of cyber intimate partner aggression and alcohol use. *Journal of Interpersonal Violence, 37*, 387-403. <https://doi.org/10.1177/0886260520912593>
18. **Brockdorf, A. N.**, Tomaso, C. C., & Keel, P. K. (2020). Sensitivity to punishment and eating pathology among undergraduate women: The mediating role of shame. *Eating Behaviors, 36*, 101362. <https://doi.org/10.1016/j.eatbeh.2019.101362>
19. **Brockdorf, A. N.**, Kennedy, G. A., & Keel, P. K. (2018). Examining associations among sensitivity to punishment and reward, shame, and eating pathology through tests of mediation. *Eating Disorders, 26*(5), 407-417. <https://doi.org/10.1080/10640266.2017.1408293>

CONFERENCE TALKS

1. Simpson, L. E., **Brockdorf, A. N.**, Brock, R. L., Messman, T. L., Gratz, K. L., & DiLillo, D. (2025, November). Self-medicate to regulate: Does emotion dysregulation mediate the relation between intimate partner violence and drinking to cope? In L. Simpson (Chair). *Seeing the Forest Through the Trees: Understanding IPV and Alcohol Use Through Ecological, Longitudinal, and Qualitative Methods*. Symposium to be conducted at the Annual Convention for the Association for Behavioral and Cognitive Therapies, New Orleans, LA.

2. Morgan, C. H., Stager, L., Salamanca, N. K., Mujica, C., Amaya, S., Davis, K. C., Leone, R. M., Orchowski, L. M., **Brockdorf, A. N.**, Gilmore, A. K., & López, C. (2025, June). *Sleep-related concerns mediate the association between cyber-sexual victimization and psychological distress among diverse college students*. Talk conducted at the Society for the Study of Emerging Adulthood Conference, Charleston, SC.
3. Tilstra-Ferrell, E. L., Amaya, S., Sands-Belle, A., **Brockdorf, A. N.**, Knight, C., Tipsword, J. M., Salim, S. R., & Hahn, C. K. (2024, October). *Early intervention for sexual assault and intimate partner violence: Strategies for telehealth delivery*. Talk conducted at the Annual Telehealth Summit of South Carolina, Hilton Head, SC.
4. **Brockdorf, A. N.**, & DiLillo, D. (2024, September). *Daily dynamics of PTSD symptoms and pain among sexual assault survivors*. Flash talk conducted at the International Society for Traumatic Stress Studies Annual Meeting, Boston, MA.
5. **Brockdorf, A. N.**, Baildon, A. E., Gervais, S. J., & DiLillo, D. (2024, June). Daily sexual objectification experiences, craving, and alcohol use among heterosexual and sexual minority women. In S. Salim (Chair). *Considering Gender and Sexual Orientation Factors in the Links Between Sexual Violence and Alcohol Use Among Young Adults*. Symposium conducted at the Research Society on Alcohol Annual Meeting, Minneapolis, MN.
6. Bogen, K. W., **Brockdorf, A. N.**, Edwards, M. E., Church, H., Kumar, S., DiLillo, D. & Lorenz, T. K. (2022, November). Physical, sexual, and psychological sequelae of unwanted sexual contact: Examining the role of sexual shame. In C. Rancher (Chair). *Self-blame and Shame Following Victimization Across the Lifespan*. Symposium conducted at the Annual Meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.
7. **Brockdorf, A. N.**, Haikalis, M., Jouriles, E., Gervais, S. J., & DiLillo, D. (2022, June). The impact of alcohol and bystander intervention on men's bystander responses to laboratory sexual aggression. In M. J. Zazo & J. P. Read (Co-Chairs). *Intervention Interference? A Multi-Method Consideration of Alcohol's Influence on Efforts to Prevent Sexual Assault*. Symposium conducted at the Research Society on Alcohol Annual Meeting, Orlando, FL.
8. Eagan, S. R., **Brockdorf, A. N.**, Grandgenett, H., Zosky, J. E., DiLillo, D., Gervais, S. J. (2020, March). *The Effects of Sexual Violence Norms on Masculinity and Objectification*. Symposium talk at the Society for the Psychological Study of Social Issues Conference, Denver, CO.

CONFERENCE POSTERS

1. **Brockdorf, A. N., & DiLillo, D.** (2025, November). *Examining intraindividual sleep variability in survivors of sexual assault*. Poster to be presented at the Association for Behavioral and Cognitive Therapies Annual Convention, New Orleans, LA.
2. Salim, S. R., **Brockdorf, A. N.**, Kievit, A., Tilstra-Ferrell, E. L., & Hahn, C. K. (2025, September). *Perceptions of coping and services after sexual violence among sexual minority women and gender diverse survivors*. Poster to be presented at the International Society for Traumatic Stress Studies Annual Meeting, Baltimore, MD.
3. Soetjoadi, I., Whitlock, K. J., Simpson, L. E., **Brockdorf, A. N.**, Gervais, S., & DiLillo, D. (2024, November). *The impact of alcohol intoxication on emotion regulation in women: An alcohol administration study*. Poster presentation at the Association for Behavioral and Cognitive Therapies Annual Convention, Philadelphia, PA.
4. Bogen, K.W., Edwards, M.E., Soetjoadi, I., Hunter, J.I., **Brockdorf, A. N.**, Gervais, S. & DiLillo, D. (2024, September). *Sex is power beliefs moderate associations between sexually violent experiences and related alcohol expectancies for young adult women*. Poster presentation at the International Society for Traumatic Stress Studies Annual Conference, Boston, MA.
5. **Brockdorf, A. N.**, Tilstra-Ferrell, E. L., Salim, S. R., Rheingold, A. A., Barber, S., Gilmore, A. K., & Hahn, C. K. (2024, June). *Examining readiness to change and engagement during SBIRT tailored to the needs of interpersonal trauma survivors*. Poster presentation at the Research Society on Alcohol Annual Meeting, Minneapolis, MN.
6. **Brockdorf, A. N.**, Bogen, K. W., & DiLillo, D. (2023, November). *Feeling better: Sexual activity and satisfaction predict next-day positive affect among sexual assault survivors*. Poster presentation at the Association for Behavioral and Cognitive Therapies Annual Convention, Seattle, WA.
7. Simpson, L. E., Kumar, S. A., **Brockdorf, A. N.**, Brock, R. L., Messman, T. L., Gratz, K. L., & DiLillo, D. (2023, November). *A longitudinal investigation of the cumulative impact of recurrent intimate partner violence experiences on emotion dysregulation*. Poster presentation at the Association for Behavioral and Cognitive Therapies Annual Convention, Seattle, WA.
8. **Brockdorf, A. N.**, & DiLillo, D. (2023, June). *Daily predictors of alcohol use among sexual violence survivors: Examining an integrated model of sleep and self-medication*. Poster presentation at the 4th Occasional Meeting of the NIAAA Working Group on Intervention Development for Alcohol-Related Sexual and Intimate Partner Violence during the Research Society on Alcoholism, Seattle, WA.

9. **Brockdorf, A. N.**, Church, H. C., Soetjoadi, I., Gervais, S. J., & DiLillo, D. (2022, November). *Sleep loss exacerbates inhibition conflict among intoxicated men: An alcohol administration study*. Poster presentation at the Association for Behavioral and Cognitive Therapies Annual Convention, New York, NY.
10. Simpson, L. E., Kumar, S. A., **Brockdorf, A. N.**, Messman, T. L., Gratz, K. L., & DiLillo, D. (2022, November). *The cumulative impact of intimate partner violence experiences on emotion dysregulation*. Poster presentation at the Association for Behavioral and Cognitive Therapies Annual Convention, New York, NY.
11. **Brockdorf, A. N.**, Edwards, M. E., Jaffe, A. E., & DiLillo, D. (2022, June). *Do trauma survivors think drinking helps or hurts? The role of PTSD-drinking expectancies in links between PTSD symptoms, alcohol, and cannabis use*. Poster presentation at the Research Society on Alcoholism Annual Meeting, Orlando, FL.
12. **Brockdorf, A. N.**, Bogen, K. W., Gratz, K. L., Messman, T. L., & DiLillo, D. (2021, November). *Trauma symptoms and self-harm among sexual violence survivors: Examining state emotion dysregulation and emotional reactivity as dual mechanisms*. Poster presentation at the Association for Behavioral and Cognitive Therapies, Virtual Meeting.
13. Baildon, A. E., **Brockdorf, A. N.**, Gervais, S. J., & DiLillo, D. (2021, June). *Review of procedures to enhance expectancy effects in experimental studies of alcohol and aggression*. Poster presentation at the Research Society on Alcoholism, Virtual Scientific Meeting.
14. **Brockdorf, A. N.**, Baildon, A. E., Brock, R. L., Gratz, K. L., Messman, T. L., & DiLillo, D. (2021, June). *Does acting with awareness buffer associations between intimate partner violence victimization and problematic alcohol use? A multilevel modeling approach*. Poster presentation at the Research Society on Alcoholism, Virtual Scientific Meeting.
15. **Brockdorf, A. N.**, Haws, J. K., Gratz, K. L., Messman-Moore, T. L., & DiLillo, D. (2020, November). *The role of drinking to cope as a mechanism between sleep problems and heavy episodic drinking among trauma survivors: A longitudinal test*. Poster presentation at the Association for Behavioral and Cognitive Therapies Annual Convention, Philadelphia, PA.
16. Grandgenett, H. M., **Brockdorf, A. N.**, & DiLillo, D. (2019, November). *Does a personal history of sexual victimization impact intent to engage in bystander behaviors? A structural equation model*. Poster presentation at the Association for Behavioral and Cognitive Therapies Annual Convention, Atlanta, GA.

17. **Brockdorf, A. N.,** Kumar, S. A., Holland, K. J., & DiLillo, D. (2019, November). *Service utilization barriers among undergraduate sexual assault survivors: Do assault characteristics matter?* Poster presentation at the Association for Behavioral and Cognitive Therapies Annual Convention, Atlanta, GA.
18. Franz, M. R., **Brockdorf, A. N.,** Alexander, E., Sanders, A., & DiLillo, D. (2018, November). *PTSD and dysfunctional parenting: Emotional and biological mechanisms.* Poster presentation at the Association for Behavioral and Cognitive Therapies Annual Convention, Washington, DC.

TEACHING & MENTORING

Teaching

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| 2023 | PSYC 492, Psychology of Alcohol Use and Misuse , University of Nebraska–Lincoln, Instructor of Record |
| 2019 | PSYC 181, Introduction to Psychology , University of Nebraska–Lincoln, Guest Lecturer and Teaching Assistant, Course Instructor: Francine Goh, M.A. |
| 2017 – 2018 | IDS 2920, Undergraduate Research Opportunity Program , Florida State University, Instructor of Record |
| 2016 – 2017 | IDS 2920, Undergraduate Research Opportunity Program , Florida State University, Instructor of Record |

Senior Thesis Advisor

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| 2021 – 2022 | Sadie Brewer , University of Nebraska–Lincoln
<i>The confluence model of sexual aggression: A modern application in college aged men.</i> |
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PROFESSIONAL SERVICE

Institutional Service

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| 2021, 2022 | Diversifying Psychology Weekend Mentor , University of Nebraska–Lincoln |
| 2021 – 2022 | Graduate Student Association Representative , University of Nebraska–Lincoln |
| 2018 – 2023 | Interview Weekend Committee Member , University of Nebraska–Lincoln |

Ad Hoc Peer Reviewer

Annals of Behavioral Medicine
Behavioral Sciences
European Journal of Psychotraumatology
Journal of Affective Disorders
Journal of Interpersonal Violence
Journal of Personality Assessment
Journal of Psychopathology and Behavioral Assessment
Journal of Studies on Alcohol and Drugs
Trauma, Violence, and Abuse
Violence Against Women
Violence and Victims

PROFESSIONAL MEMBERSHIPS

Association for Behavioral and Cognitive Therapies (ABCT)
 National Register of Health Service Psychologists
 Research Society on Alcohol (RSA)

CLINICAL EXPERIENCE

2024 – 2025 Postdoctoral Fellow, Medical University of South Carolina
 National Crime Victims Research and Treatment Center
 Sleep, Mood, Anxiety Research & Treatment Division

2023 – 2024 Clinical Psychology Intern, Charleston Consortium, Medical University of
 South Carolina & Ralph H. Johnson VA Medical Center, Charleston, SC
 National Crime Victims Research and Treatment Center
 PTSD Clinical Team
 Primary Care–Mental Health Integration
 Sleep and Anxiety Treatment and Research Program

2021 – 2022 Clinical Psychology Extern, Rite of Passage Uta Halee Academy

2020 – 2021 Mental Health Consultant, Head Start and Early Head Start, Community Action
 Partnership of Lancaster and Saunders Counties

2019 – 2022 Graduate Student Therapist, Psychological Consultation Center, University of
 Nebraska–Lincoln
 Peer Supervision Clinic
 Rainbow Clinic
 Trauma Recovery Clinic