

INTERPROFESSIONAL COMMUNITY HEALTH CLINIC

MAY NEWSLETTER

MENTAL HEALTH AWARENESS THIS MONTH

Month

Mental Health Month Borderline Personality Disorder Awareness Month

Week

National Mental Health Counseling Week (May 6–12)

National Prevention Week (May 11–17)

Day

World Maternal Mental Health Day (May 6) National Children's Mental Health Awareness Day (May 9)

FEATURED IN THIS ISSUE

TRANSGENDER DAY OF VISIBILITY

ICHC SPOTLIGHT - DEZZY MOORE

ICHC AND IIMPACT PROJECTS & EVENTS





Memphis History this Month

The first Memphis is May International Festival was held in 1977 and honored the country of Japan. That same year, the first Beale Street Music festival was held on the corner of Beale and Third Street. Since then, the festival has grown to become an event with an immense economic impact for the city of Memphis and draws over 150,000 individuals from all over the United States and around the world each year.

Transgender Day of Visibility



On the evening of Thursday March 31st, <u>The Haven Memphis</u> hosted a Panel Discussion for International Transgender Day of Visibility at the Dixon Gallery and Gardens. The panel consisted of a wide variety of individuals from the Midsouth transgender community. The panel was moderated by Michelle Anderson of <u>Friends for Life</u>, a social service agency that focuses on preventing the spread of HIV and helping those impacted by HIV. The host of the event, **The Haven**, is a community based health center whose goal is to eliminate new transmission of HIV and to provide a safe space to promote the social, physical, and emotional well being of all individuals impacted by HIV.

The panel discussed topics such as the difficulties and struggles surrounding the transition process, discrimination they experienced, and the emotional and interpersonal struggles they have experienced due to their gender identity. One of the biggest topics of discussion for the evening was around the discrimination panel members had experienced due to their gender identity. Sam Tibikh shared her experience of workplace discrimination and how she was not only verbally attacked by her coworkers, but was denied access to using the restroom that aligned with her gender identity and was forced to leave work and

use a restroom facility across the street from her workplace. Malachi Allen talked about an experience he had being pulled over by the police while pregnant and the distress he experienced both in the moment, and after the fact. Jenna Dunn, who began her transition journey after years of being married and having a child, discussed how the transition journey had impacted not only herself, but her family members as well and how they supported her through her journey.



Transgender Day of Visibility

Another central topic of discussion throughout the panel was how supportive and/or discriminatory the healthcare system is for individuals seeking transgender healthcare and medical transition services. Dr. Susan Lacy, MD, provides transgender care as a part of the healthcare services provided at Modern Gynecology and Reproductive Health (MORE) healthcare facility in Memphis. She discussed how, during her medical training, there was a lack of training and guidance around providing care to individuals who did not identify with the gender they were assigned at birth and those who wished to transition. Lacy says that she is very intentional about advertising transgender care as a part of the services she provides to ensure that individuals who are seeking gender care services are able to find them in the Memphis area.

The panel provided a safe space for individuals to openly and honestly discuss what it means to be "trans" and how to support individuals in the transgender community. Thank you to The Haven for hosting such a wonderful and insightful event!

Topics discussed include:

- What does it mean to be "trans"?
- What resources are available for individuals in the transition process?
- How can individuals support the transgender community?
- Medical services and training for transgender healthcare
- The marginalization of individuals in healthcare

Quote from a UofM Attendee

"I felt like the panel was awesome. I think that they were genuine in their issues with the system and they didn't sugar coat anything which was very education in terms of understanding issues in the transgender community in a candid way. It was a call to action more than anything.

- Madison, UofM MSW Student

Watch a full recording of the panel discussion by clicking on the following link:

Transgender Day of Visibility 2022

ICHC Spotlight: Dezzy Moore

DEZZY MOORE IS A 31 YEARS OLD DETROIT NATIVE, WHO WAS RAISED IN MEMPHIS, TENNESSEE. SHE HAS A 12-YEAR-OLD SON NAMED DEY'LAN JEAN, WHO SHE DESCRIBES AS THE LIGHT OF HER LIFE. HER FAMILY LOVES TO TRAVEL, BOWL, AND ATTEND SPORTING EVENTS. DEZZY'S FAVORITE THING TO DO IS TO EXPLORE NEW THINGS AROUND THE WORLD. SHE ALSO LOVES TO SPEND TIME WITH HER FRIENDS AND FAMILY.

DEZZY IS THE CLINIC COORDINATOR AT THE ICHC.
ASPECTS OF HER JOB INCLUDE PATIENT SCHEDULING,
REGISTRATION, FINANCIAL COUNSELING, MEDICAL
RECORDS, BILLING AND COLLECTION, AND DATA ENTRY
AND PROCESSING. ADDITIONALLY, SHE COMMUNICATES
WITH MEDICAL BILLERS, CLINIC PROVIDERS, AND
UNIVERSITY DEPARTMENTS TO ENSURE MAXIMUM
COLLECTION OF INSURANCE REIMBURSEMENTS.





WHEN ASKED ABOUT WHAT BROUGHT HER TO THE ICHC, SHE STATED "THIS AMAZING JOB OPPORTUNITY TO WORK FOR SUCH A WONDERFUL PROGRAM, AND TO LIVE OUT MY PASSION AS A HEALTHCARE LEADER. I ALWAYS HAD A PASSION FOR HEALTHCARE AND WORKING WITH DIFFERENT COMMUNITIES LIKE MENTAL HEALTH AND SPECIAL NEEDS ENVIRONMENTS. ONCE I LEARN ABOUT ALL THE GREAT THINGS THIS CLINIC DOES FOR THE MENTAL HEALTH AND AUTISM COMMUNITY, I INSTANTLY KNEW THIS WAS THE PLACE I WANT TO BE "

ADDITIONALLY, WHEN ASKED ABOUT WHY THE ICHC PLAYS AN IMPORTANT ROLE IN PROVIDING SERVICES IN THE MEMPHIS COMMUNITY, SHE SAID "BEING RAISED IN THE MEMPHIS COMMUNITY, I ALWAYS WANTED TO WORK IN A FIELD THAT BENEFITS THE PEOPLE IN THE COMMUNITY. WITH THE GROWING PANDEMIC, MANY PEOPLE HAVE SUFFERED FROM MENTAL HEALTH ISSUES. MENTAL HEALTH ISSUES ARE AT THEIR HIGHEST, MANY PEOPLE ARE UNAWARE OF THE MANY RESOURCES IN OUR COMMUNITY. ICHC OFFERS MULTIPLE RESOURCES THAT CAN BENEFIT OUR COMMUNITY IN MANY WAYS. I THINK ONCE WE FIND WAYS TO CONTINUE TO PROVIDE THESE RESOURCES TO THE COMMUNITY, TO MAKE IMPROVEMENTS IN OUR MENTAL HEALTH ISSUES IN THE COMMUNITY."

Get Involved in ICHC and iIMPACT Projects

DSEP IN ACTION!

Want to learn more about the Dove Self-esteem project?



JOIN DR. SUSAN ELSWICK AND LISA WALL, TWO NATIONAL CADRE MEMBERS FOR THE DOVE SELF-ESTEEM PROJECT (DSEP), AS THEY DISCUSS THE DSEP CURRICULUM AND HOW THEY UTILIZE THE CONTENT.

Click <u>HERE</u> to listen.

Want more Information and to know how you can get Involved?







IF YOU ARE A U.S. RESIDENT AND 13 YEARS OF AGE OR OLDER, SCAN THE CODE TO RECEIVE INFORMATION FROM CAIRN GUIDANCE ABOUT THE DOVE SELF-ESTEEM PROJECT AND CONFIDENT ME! CURRICULUM.

To learn more about ICHC and iIMPACT Projects, visit the following websites by clicking the links.

IIMPACT

<u>ICHC</u>



Yard Sale

Benefits to support Child Development & Autism Awareness

Porter-Leath & University of Memphis (PLUM) Early Childhood Academy at Orange Mound

2869 Park Avenue Memphis, TN 38114



Vendor and Donations Opportunity

Contact: Sonja Randall Sonja.Randall@memphis.edu

\$25 per table/space

Register here:

https://forms.gle/257 PB4myobZ8AEoHA Saturday, May 14

7a-12p

Volunteer support provided by OLE Futbol Club & UofM CDFS Dept.



Would you like to reserve a table/space to sell items?

Would you like to sell your own product or do you have a food truck?

Reserve a vendor space and keep your funds!



IIMPACT

Institute for Interdisciplinary Memphis Partnerships to Advance Community Transformation

ilMPACT Faculty Director
Susan Elswick EdD LCSW RPT-S IMH-E
University of Memphis
FedEx Institute for Technology, RM 212
901.678.1714
iimpact@memphis.edu

School Mental Health Access to Resources through Teletherapy (SMART) Research, Training and Treatment Center

Christy Peterson - Program Coordinator 901.678.1636 SMARTCenter@memphis.edu



UofM Autism Treatment, Training and Research Clinic

College of Education and School of Communication Sciences and Disorders Initiative

Applied Behavior Analysis (ABA) Program
Dr. Thouraya Al-Nasser
Visiting Clinical Assistant Professor, Applied
Behavior Analysis, ICL; Director of UofM Autism
Treatment, Training and Research Clinic (Autism
clinic on campus)

PM Ready / PM Ready Extension

tlnasser@memphis.edu

Matt Davidson Director of Behavior Services
M.Davidson@memphis.edu
662.934.3442
Charmaine Sego Project Memphis Director of
PM: Ready
cssego@memphis.edu
901.678.2190

University of Memphis Psychological Assessment Clinic (UMPAC) & Counseling, Education Psychology, and Research (CEPR)

Dr. Ashley Batastini umpacememphis.edu 901.678.3698

Center for the Advancement of Youth Development (CAYD)

College of Social Work Dr. Gregory Washington gwshngtlememphis.edu

Memphis Speech and Hearing Center

https://www.memphis.edu/mshc/ MSHCadmin@memphis.edu 901.678.2009