

GABRIEL NNAMDI EZEMA

Assistant Professor, Counseling Psychology
Department of Counseling, Educational Psychology, and Research
303D Ball Hall
The University of Memphis
Memphis, TN 38152
(901) 4921350/gnezema@memphis.edu

EDUCATION

08/2025	University of Wisconsin – Milwaukee Milwaukee, WI Ph.D. in Counseling Psychology
05/2019	Boston College Chestnut Hill, MA M.A. Mental Health Counseling
05/2019	M.A. Theology and Ministry
05/2019	Certification, Positive Youth Development
06/2014	Pontifical Urbana University Rome, Italy Bachelor of Theology - <i>Summa cum laude</i>
06/2009	Bachelor of Philosophy – <i>Magna cum laude</i>
06/2009	University of Ibadan Ibadan, Nigeria Bachelor of Arts in Philosophy – <i>Magna cum laude</i>

PROFESSIONAL EXPERIENCE

08/2025 – Present	Assistant Professor, Counseling Psychology Department of Counseling, Educational Psychology, and Research The University of Memphis
2024 - 2025	Doctoral Intern, University Counseling Center University of Notre Dame
2023 -2024	Lecturer 1 Department of Educational Psychology University of Wisconsin–Milwaukee
2021 – 2023	Instructor Department of Educational Psychology University of Wisconsin–Milwaukee
2020-2021	Graduate Research Assistant Department of Educational Psychology

GABRIEL NNAMDI EZEMA

University of Wisconsin–Milwaukee

2019 -2020	In-Home Therapist Northeast Family Services Auburn, MA
2015-2016	Assistant Chaplain St. Peter's Chaplaincy University of Nigeria Nsukka, Nigeria
2014 – 2015	Assistant Parish Priest St. Mary's Parish Enugu Ezike Nsukka, Nigeria

TEACHING EXPERIENCE

The University of Memphis

Multicultural Counseling (COUN 7750)
Practicum in Counseling Psychology (CPSY 8200)

University of Wisconsin – Milwaukee

Supervised Practicum 2 in Clinical Mental Health Counseling (COUNS 970)
Theory and Practice of Group Counseling (COUNS 800)
Multicultural Consideration of Lifespan Psychopathology (COUNS 751)
Supervised Practicum 1 in Clinical Mental Health Counseling (COUNS 765)
Pre-Practicum (COUNS 755)
Neuroscience and Medical Aspects of Counseling (COUNS 702)
Career Planning and Development for the Multicultural Workplace (ED PSY 212)
Planning Your Major/Career (ED PSY 110)

SCHOLARLY ACTIVITY

Scholarly Publications: Journals

1. **Ezema, G. N.** & Autin, K. L. (2024). Examining predictors and outcomes of future decent work perception among Nigerian emerging adults. *Journal of Career Assessment*, 32(3), 445-461. <https://doi.org/10.1177/10690727231201958>
2. Fouad, N. A., Burrows, S. G., Avery, C., & **Ezema, G.** (2024). Changes in US Workers' Values and Satisfaction After COVID-19. *Journal of Career Assessment*, 32(2), 321-342. <https://doi.org/10.1177/10690727231194786>
3. Ma, Y., Autin, K. L., & **Ezema, G. N.** (2023). Validation of the Chinese Decent Work Scale. *Journal of Career Development*, 50(1), 37-5. <https://doi.org/10.1177/08948453221080980>
4. Blustein, D. L., Erby, W., Meerkins, T., Soldz, I., & **Ezema, G. N.** (2022). A critical exploration of assumptions underlying STEM career development. *Journal of Career Development*, 49(2), 471-487. <https://doi.org/10.1177/0894845320974449>

GABRIEL NNAMDI EZEMA

5. Autin, K. L., Herdt, M. E., Garcia, R. G., & **Ezema, G. N.** (2022). Basic psychological need satisfaction, autonomous motivation, and meaningful work: A self-determination theory perspective. *Journal of Career Assessment*, 30(1), 78-93.
<https://doi.org/10.1177/10690727211018647>

Manuscripts Under Review

- Kou, Q., Rasdi, R. M., Herdt M. E., & **Ezema, G. N.** (Under Review, The Career Development Quarterly). *Education-based discrimination and vocational attitudes among First-generation and economically marginalized students.*

Unpublished Manuscripts

- Ezema, G.N.** & Autin, K.L. (2025). *Predicting Work Volition among Nigerian Emerging Adults: A Psychology of Working Perspective* (Unpublished manuscript).
- Ezema, G.**, Autin, K., Obiano C., Ozoani A., & Ekeocha P. (2025). *A Qualitative Examination of Future Decent Work Perceptions Among Nigerian Emerging Adults* [Unpublished manuscript].

Book Chapters

- Autin, K. L., & **Ezema, G. N.** (2023). The essential worker paradox. In D. Blustein & L. Y. Flores (Eds.), *Rethinking work: Essays on building a better workplace* (pp. 113-117). Routledge.

Academic Presentations

- Ezema, G. N.**, Atay, B., Burrows, S., Shen, N., & Okechi, I. D. (2025, August). *Examining Familial Support, Economic Stress, and Academic Engagement in Nigerian High Schoolers. [Poster Presentation]*. 133rd Annual Convention of the American Psychology Association
- Ezema, G. N.** & Autin, K.L. (2024, August). *Predicting Work Volition among Nigerian Emerging Adults: A Psychology of Working Perspective. [Poster Presentation]*. 132nd Annual Convention of the American Psychology Association
- Ezema, G. N.** & Autin, K.L. (2024, August). *A Qualitative Examination of Future Decent Work Perceptions Among Nigerian Emerging Adults. [Poster Presentation]*. 132nd Annual Convention of the American Psychology Association
- Ezema, G. N.** & Autin, K.L. (2023, August). *Examining predictors and outcomes of future decent work perception among Nigerian emerging adults. [Poster Presentation]*. 131st Annual Convention of the American Psychology Association (Div 17 Student Poster Presentation).
- Ezema, G. N.** (2023, August). *Bridging the Gap for Students with Existing Barriers to Learning. [Paper Presentation]*. UWM 2023 Graduate Teaching Assistant Orientation.
- Ezema, G.N.** (2022, October). *You and your mental health: Making every day worth living.* [Invited Address]. Mental Health Awareness Campaign Organized by the Intersect Consortium for Mental Health Day, 2022, Abuja, Nigeria.
- Herdt, M., Garcia, R., **Ezema, G.**, & Autin, K. (2021). *Applying self-determination theory to need satisfaction, motivation, and work meaning [Poster Presentation]*. 129th Annual Convention of the American Psychology Association.
- Ezema, G.N.** & Ezema, G.C. (2019, October). *Psycho-pastoral approach to community mental health services in Nigeria: Prospects and problems.* [Poster presentation]. 5th International Conference of Psychology and Other, Boston, MA.

GABRIEL NNAMDI EZEMA

- Blustein, D. L., Meerkins, T., Erby, W., **Ezema, G.**, & Soldz, I. (2019, August). A critical exploration of assumptions underlying STEM career development. In D. Blustein (Chair). *New directions in STEM career development: Interrogating assumptions*. [Symposium]. 127th Annual Convention of the American Psychology Association, Chicago, IL.
- Davila, A., Meerkins, T., Jackson, D., Olle, C., **Ezema, G.**, Kim, J., Garcia, R., Soldz, I., & Blustein, D. (2019, August). *Transformation in work in the 21st Century: Employment, precarity and the other*. [Poster presentation]. 127th Annual Convention of the American Psychology Association, Chicago, IL.
- Onyedibe, C.C., Ugwu, L.E. & **Ezema, G.N.** (2019, July). *Quality of life among health workers: The role of work schedule and perceived social support*. [Paper presentation]. 2019 International Conference Organized by the Faculty of Social Sciences, University of Nigeria, Nsukka, Nigeria.
- Ezema, G. N.** (2018, June). *Relationship and Wellbeing*. [Invited address and Workshop facilitator]. 2018 Scientific Conference/Workshop of the Department of Psychology, University of Nigeria, Nsukka, Nigeria.
- Ezema, G. N.** (2018, January). *Mental Health Promotion among Nigerian University Students*. [Invited address]. Godfrey Okoye University, Enugu, Nigeria.

Editorial Services

- | | |
|----------------|--|
| 2025 – Present | Editorial Member, Journal of Vocational Behavior |
| 2023 – Present | Student Advisory Board, Journal of Career Assessment |

Ad Hoc Journal Review

Journal of Career Assessment (JCA)
Journal of Career Development (JCD)
The Counseling Psychologist (TCP)
The International Journal of Human Resource Management
Training and Education in Professional Psychology (TEPP)

HONORS AND AWARDS

2024 CGP Outstanding Dissertation Award: APA Committee for Global Psychology award for an exceptional dissertation.

2023 Graduate Student Poster Award (First Place): APA Division 52 award for outstanding graduate student research.

2023 University of Wisconsin–Milwaukee Teaching Fellowship: Fellowship for innovative teaching integrating mental health, with a \$1,000 stipend.

2023 Distinguished Graduate Student Fellowship: UWM Graduate School fellowship recognizing academic excellence, with \$15,500 stipend, tuition remission, health insurance, and \$1,000 travel grant.

2022 Richard Hurlbut, Ph.D. Scholarship: Wisconsin Psychological Association award for outstanding graduate student achievement, with a \$1,500 stipend.

GABRIEL NNAMDI EZEMA

2022 Amy Tessmer Boening Scholarship Fund: UWM School of Education merit-based scholarship with a \$2,000 stipend.

2021 Chancellor's Graduate Student Award: UWM fellowship with a \$10,000 stipend.

2020 Chancellor's Graduate Student Award: UWM fellowship with a \$6,875 stipend.

2016–2019 Irish Memorial Fellowship: Boston College fellowship covering tuition, health insurance, \$750 for books, and \$1,500 stipends.

GRANTS

2024	<i>University of Wisconsin, Milwaukee Graduate School Travel Grant to the 132nd Annual Convention of the American Psychology Association.</i> University of Wisconsin- Milwaukee Graduate School and Student Involvement. \$1193. Funded.
2023	<i>Counseling Psychology Student Association Travel Grant to the 131st Annual Convention of the American Psychology Association.</i> University of Wisconsin- Milwaukee Graduate School and Student Involvement. \$1700. Funded.
2022	<i>Counseling Psychology Student Association Travel Grant to the 130th Annual Convention of the American Psychology Association.</i> University of Wisconsin- Milwaukee Student Government. \$300. Funded
2018	<i>Travel Grant to 2018 Scientific Conference/Workshop of the Department of Psychology, University of Nigeria, Nsukka, Nigeria.</i> Department of Psychology, University of Nigeria, Nsukka. \$1000. Funded.
2018	<i>Grant to Organize a Mental Health Awareness Conference/Workshop for Nigerian University Students.</i> Irish Memorial Funders. \$17, 000. Funded.

PROFESSIONAL MEMBERSHIP

American Psychological Association
Division 17, Society of Counseling Psychology
Division 52, Society for Global Psychology