## **5-Day Study Plan**

### Step #1: Get Organized

Start by writing down your exam information so you know what to prepare for: Course Name:

Exam Date and Time:

Exam Location: Material

Covered on Exam:

#### Step #2: Divide Material

Next, you should divide the material you need to study into 4 equal parts: A, B, C, & D. (Part A should be the oldest material and Part D should be the most recent material covered).

Example: If your exam covers Chapter 1-8 of your Biology Textbook, you can divide them as follows: A=Chapters 1-2, B=Chapters 3-4, C=Chapters 5-6, and D=Chapters 7-8.

A:	
B:	
C:	
D.	

#### Step #3: Choose Preparation and Review Strategies

Preparation Strategies: Identify, organize, and consolidate material

Making flashcards

- . Taking notes from your textbook
- Developing study sheets or study guides
- Outlining and/or summarizing material
- Organizing & summarizing class notes
- Predicting essay questions and their answers
- Predicting multiple choice questions
- Drawing diagrams or creating concept maps
   Listing practice problems and/or formulas
   Compiling questions at the end of each chapter

Review Strategies
Self-test and evaluate your learning

- Practicing flashcards
- Explaining or teaching concepts to others
- Reciting main ideas from your notes in your own words (without looking at notes)
- Working practice problems and reciting formula from memory
- Quizzing yourself on the predicted test
- questions (try to mimic test conditions)
- Working the problems that you missed on
- quizzes, HW, or at the end of the chapter
- Outlining answers to essay questions from memory



# Step #4: Create Your 5-Day Study Plan

Day 1	Day 2	Day 3	Day 4	Day 5
Prepare Part A: 2 hrs	Prepare Part B: 2 hrs Review Part A: 30 min	Prepare Part C: 1.5 hrs Review Part B: 30 min Review Part A: 15 min	Prepare Part D: 1 hr Review Part C: 30 min Review Part B: 15 min Review Part A: 15 min	Review Part D: 25 min Review Part C: 15 min Review Part B: 10 min Review Part A: 10 min Self-test on A,B,C,D: 1 hr
TOTAL: 2 hours	TOTAL: 2.5 hours	TOTAL: 2 hour, 15 min	TOTAL: 2 hours	TOTAL: 2 hours
Prepare	Prepare	Prepare	Prepare	
Strategies:	Strategies:	Strategies:	Strategies:	
	Review	Review	Review	Review
	Strategies:	Strategies:	Strategies:	Strategies:

Adapted from:

Purdue University

