



# HAAMI ENRICHMENT SESSION HEALTH STUDIES PEER GROUP

UNIVERSITY OF MEMPHIS EDUCATION SUPPORT PROGRAM (ESP)  
LEARNING SPECIALIST DR. Y

HAAMI ENRICHMENT SESSION  
HEALTH STUDIES PEER GROUP  
ACADEMIC SUCCESS AND CAREER-READINESS TIPS

- **What is the difference between health studies and health science?**
- In general, a **health sciences** degree program, such as **Health Studies**, focuses on human **health** whereas a life **sciences** degree focuses on all living things.



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**Health studies** is an academic concentration that focuses on the promotion and education of community and public health. Enrolling in a health studies degree program is an excellent way to prepare for further education in public health or health science.

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Health studies help others understand the importance of living healthy lifestyles.

HAAMI ENRICHMENT  
SESSION  
HEALTH STUDIES  
PEER GROUP  
“HEALTH STUDIES”



## HAAMI ENRICHMENT SESSION HEALTH STUDIES PEER GROUP ACADEMIC SUCCESS

- What do you learn in health studies?
- In a BS in **Health Studies** program, **you'll** take classes focused on the policies, organization, financing, and dynamics of the U.S. **healthcare** system. **You** can even choose from specializations such as **healthcare** management, **health** promotion and wellness, and **health** psychology and behavior.



# ESP ACADEMIC SUCCESS LEARNING OBJECTIVES:

BY THE END OF THIS PRESENTATION, THE SCHOLARS WILL BE ABLE TO:

- IDENTIFY THE MOST IMPORTANT INFORMATION RELEVANT TO EACH COURSE ENROLLED
- IDENTIFY, SUCCINCTLY, COURSE AND PROFESSIONAL TERMS AND LINGO ASSOCIATED WITH HEALTH STUDIES AND OTHER SUBJECT MATTERS
- EXPLAIN HEALTH STUDIES CONTENT, CONCEPTS AND THEORIES EASIER
- APPLY AND IMPLEMENT FUNDAMENTALS OF DATA ANALYSIS, RESEARCH DESIGN AND PROGRAM EVALUATION MUCH FASTER THAN USUAL
- GRASP AND UNDERSTAND RESEARCH METHODS AND ANALYTIC STRATEGIES FASTER THAN USUAL

Arkansas State University - Jonesboro

**Bachelor of  
Science in  
Health Studies**

Medicaid Services  
Coordinator

Disabilities  
Rights Advocates

Claims Examiner  
and Reviewer

**Claims  
Services**

Insurance  
Sales

Health Benefits  
Manager

Patient Account  
Services

Medical and Health  
Services Manager

**Pharmaceutical**

Medical Equipment  
Sales and marketing

Pharmaceutical  
Sales

Health Advocate

Care  
Coordinator

Patient Navigator

**Patient  
Services**

Health coach

Patient  
Educator

Service  
Coordinator

Medical Scribe

**Support  
Services**

Medical  
Informatics

Compliance  
Officer

Coding Specialist

Community  
Outreach  
Coordinator

Social Services  
Specialist

Consumer  
Information  
Director

**Community  
Health**

Government/Not for  
Profit/Local and State  
Public Health Workers

Community  
Relations  
Coordinator

Health  
Promotion  
Practitioner

Wellness  
Coordinator

Community  
Health  
Educator

For more information visit our website at:  
<http://www.arkstate.edu/college/conhp/degrees/>



## **Tip One:**

### **Most Important part of the Syllabus**

- **Learning Objectives/Goals/Learning Outcomes**
  - **(This will prepare you for the entire class)**
    - **(these objectives teach you more than any part of the class)**

## EXAMPLE SYLLABUS:

- <https://web.uri.edu/summer/files/HLT-200-Syllabus-Online-Summer-2020.pdf>
- Attached Syllabus





## Tip Two

### Absolutely Every Class Encompass

- **Analytical Thinking Skills (application)**
  - **Determining the connection or relationship between two or more things:**
  - **Example, a puzzle**

EXAMPLE:

**MATH TEACHER AND HER FAMILY TRIP TO CANCUN...**



## Tip Three

### Absolutely Every Class Encompass

- **Critical Thinking Skills**
  - **Determining whether something is true/false; right/wrong; good/bad; real/unreal; believable/not believable**

EXAMPLE:

**HOW DO YOU KNOW THAT COVID-19 IS AUTHENTIC,  
REAL, OR WHAT WE ARE TOLD, ONE WAY OR THE OTHER?**



## Tip Four

### Absolutely Every Class Encompass

- **Critical Thinking Skills**
  - **Determining whether something is true/false; right/wrong; good/bad; real/unreal; believable/not believable**

EXAMPLE:

**CROSS REFERENCE (RELIABLE/CREDITABLE) IS ONE OF THE ABSOLUTE BEST  
WAYS, AS WELL AS, ASKING THE RIGHT QUESTIONS, MENTALLY OR  
VERBALLY.**



## Tip Five

**Answer is ALWAYS in the Question**

## EXAMPLE:

- Multiple choice questions are composed of one question (stem) with multiple possible answers (choices), including the correct answer and several incorrect answers (distractors). Typically, students select the correct answer by circling the associated number or letter, or filling in the associated circle on the machine-readable response sheet.
- **Example:** Distractors are:
  - A) Elements of the exam layout that distract attention from the questions
  - B) Incorrect but plausible choices used in multiple choice questions
  - C) Unnecessary clauses included in the stem of multiple choice questions





## Tip Six

Every word is defined and described in the definition:

## EXAMPLE:

- IS AN EATING DISORDER CHARACTERIZED BY AN ABNORMALLY LOW BODY WEIGHT, AN INTENSE FEAR OF GAINING WEIGHT AND A DISTORTED PERCEPTION OF WEIGHT.

# ANSWER

- ANOREXIA (AN-O-REK-SEE-UH)

## CLOSING

- WHAT IS MORE IMPORTANT THAN HEALTH?